

31 October 2012

DOH-FDA Advisory  
No. 2012 - 008

**SUBJECT : WARNING THE PUBLIC THAT FOOD OR DIETARY SUPPLEMENT HAS NO APPROVED THERAPEUTIC OR CURATIVE EFFECTS.**

The Food and Drug Administration (FDA) hereby warns the public to be cautious in taking food/dietary supplement for curing purposes as it has no approved therapeutic effects. This applies to testimonials given by certain individuals with or without the consent of food manufacturers, importers or distributors promoting or advertising said product. The FDA labeling regulation under Bureau Circular No. 02 s. 1999 requires the declaration of the statement "**NO APPROVED THERAPEUTIC CLAIMS**" on the label of all food/dietary supplement as a means to inform the consumers that food/dietary supplement has no approved curative effects.

Food/dietary supplement could be taken to support the nutritional needs of the body, however it has not been given approval for any therapeutic effects which could only be granted to drugs as proven by clinical studies. Promotional or advertising materials containing testimonials and anecdotal information on food/dietary supplement associated with healing or curing diseases are not allowed.

The FDA further advises the public not to believe any curative claims on food/dietary supplement and not to stop prescribed medications in favor of food/dietary supplement unless otherwise advice by a physician.

The FDA issues certificate of product registration to food/dietary supplement found to be compliant to regulatory requirements. Registration status of any food/dietary supplement can be checked at FDA landline number 8425606.

  
**KENNETH Y. HARTIGAN-GO, MD**  
Acting Director IV